

# Forgiveness: A Pastoral And Spiritual Journey

For thousands of years, faith traditions have encouraged, urged, even demanded forgiveness as the way to live.

Now both psychology and medical science recognize the benefits of forgiveness. In this workshop, we will reflect on the nature of forgiveness from various sources, exploring some essentials as well as some common misunderstandings.

Powerful stories of forgiveness will be shared through video. Participants will be invited to reflect on their own understanding and experience of forgiveness as well as reflecting on their understanding of faith or religious teachings about the nature, role and necessity of forgiveness.

After years of working as a pastoral counselor, Sharon Hagen, SCC staff counselor, will share her understanding of the nature of forgiveness and the journey to approach this gift.

Samaritan Counseling Center  
Lay Caregiver Workshop #3  
March 21, 2010

Date: Sunday, Mar. 21st

Time: 2:30–4:30 p.m.

Location: Nardin Park UMC

29887 West 11 Mile Rd.

Farmington Hills, MI 48336

Presenter: Sharon Hagen, M.A., L.P.C.

Cost: \$10.00 per person, if your church  
does not hold a subscription

You must register by Mar. 18th  
if you wish to attend.

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## DETACH AND RETURN

Name

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Address

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Phone

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Church

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Samaritan Counseling Center  
29887 West Eleven Mile Rd.  
Farmington Hills, MI 48336

Phone: 248-474-4701

Fax: 248-474-1518

Email:

info@samaritancounselingmichigan.com

Website:

www.samaritancounselingmichigan.com