

A Caregiver's Response

Feb. 19, 2012



Clutter, an untidy collection of things, is something most of us are familiar with after a move, when work piles up, or before spring cleaning. However, when cluttering becomes an unmanageable pattern and begins to impede on quality of life, it could be a chronic condition that requires help. Hoarding, also referred to as Chronic Clutter or Chronic Disorganization, affects over 5% of the total population. It is frequently coupled with depression, anxiety, alcoholism, isolation, family distress, and poor health/hygiene.

The Lay Caregiver's ability to understand clutter, provide hope, and sit with someone suffering from Chronic Clutter or Hoarding is meaningful in helping the individual to achieve holistic health. Vanessa Brown, PsyS, TLLP, SCC Intern Counselor, will discuss the challenges of chronic cluttering and helpful tips for providing care to these individuals.

Date: Sunday, Feb. 19th

Time: 2:30—4:30 p.m.

Location: Nardin Park UMC

29887 W. Eleven Mile Rd.

Farmington Hills, MI 48336

Presenter: Vanessa Brown,
Psy.S., T.L.L.P.

Cost: \$15.00 if your church does not
hold a subscription

*You must register by Thursday, Feb. 16th if you wish to attend.
Please call 248-474-4701*

DETACH AND RETURN

Name _____

Address _____

Phone _____

Church _____

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